ProShares Nasdaq-100 High Income ETF

CUSIP: 74347G234 Ticker: IQQQ

Notification of Source of Distributions Pursuant to Rule 19a-1 under the Investment Company Act of 1940

Of the **\$0.323975** per share payable on October 8, 2024, 91% of the dividend is anticipated to be a return of capital to shareholders of record on October 1, 2024.

This table provides an estimate of the current and cumulative distributions paid to date for this fiscal year, expressed as the estimated amount per share received from each source: net investment income, net realized gains, and return of capital.

Source of Distribution	Current Distribution	% of Current Distribution	Cumulative Distributions for the Fiscal Year to Date	% of the Cumulative Distributions for the Fiscal Year to Date
Net Investment Income	\$0.027611	9%	\$0.057094	3%
Net Realized Gains	\$0.000000	0%	\$0.000000	0%
Return of Capital	\$0.296364	91%	\$1.787542	97%
Total (per share)	\$0.323975	100%	\$1.844636	100%

The amounts and sources of distributions set forth in this Notice are estimates only and are not intended for tax reporting purposes. The actual amounts and sources of distributions for tax reporting purposes will be determined based on the Fund's investment experience for the remainder of the fiscal year and may be subject to adjustment in accordance with applicable tax regulations. Upon finalization of such information, the Fund will distribute Form 1099-DIV for the calendar year, which will provide you with instructions for reporting these distributions on your federal income tax return.